

**SKILLS FRAMEWORK FOR SOCIAL SERVICE
TECHNICAL SKILLS & COMPETENCIES (TSC) REFERENCE DOCUMENT**

TSC Category	Psychological Practice					
TSC	Psychological Intervention					
TSC Description	Implement psychological therapy or other interventions appropriate to the presenting problems and the psychological, biological and social circumstances					
TSC Proficiency Description	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
		SSC-PPR-2016-1.1	SSC-PPR-3016-1.1	SSC-PPR-4016-1.1	SSC-PPR-5016-1.1	SSC-PPR-6016-1.1
		Deliver structured evidence-based interventions under supervision by following clinical treatment protocols and processes	Deliver evidence-based psychological interventions according to intervention plans under supervision	Manage the delivery and adaptation of evidence-based psychological interventions independently, integrating multidisciplinary or transdisciplinary approaches and preventive measures in intervention approaches	Manage the delivery and adaptation of various evidence-based and specialised psychological interventions based on different treatment models for high risk and complex cases in multiple settings	Drive delivery and adaptation of various evidence-based and specialised psychological interventions across multiple settings, including development of new interventions
Knowledge		<ul style="list-style-type: none"> Intervention theories, frameworks and skills Simple clinical treatment protocols Types of evidence-based interventions Client development and processes Role and purpose of a therapeutic relationship Therapeutic relationships Ethics and cultural diversity in intervention implementations Types of crises in interventions 	<ul style="list-style-type: none"> Basic psychological intervention skills Therapeutic relationships or alliances and their effects on intervention Evidence-based interventions and models and therapeutic techniques Management of emotional content of sessions Professional intervention or clinical treatment protocols Impact and relevance of transdisciplinary interventions Ethics and cultural diversity in intervention implementations Crisis intervention and treatment methods 	<ul style="list-style-type: none"> Complex psychological cases and factors involving critical incidents and medico-legal and forensic cases Multiple evidence-based treatment models and their application Prevention strategies and the methods to promote health and well-being Transdisciplinary interventions, collaboration and team planning Influence of different clinically relevant presenting variables on the execution and adaptation of therapeutic interventions Different phases and the dynamics of change in psychotherapy 	<ul style="list-style-type: none"> In-depth knowledge of complex psychological cases and factors including medico-legal and forensic cases Specialised clinical or professional skills in an area of psychology Multiple evidence-based treatment models and their applications 	<ul style="list-style-type: none"> Specialised clinical or professional skills in multiple areas of psychology and settings Multiple treatment models and various fields of psychology Trends and research in the provision of psychological interventions
Abilities		<ul style="list-style-type: none"> Apply simple clinical treatment protocols and interventions skills in structured psychological interventions 	<ul style="list-style-type: none"> Adhere to a professional intervention or clinical treatment protocols Apply therapeutic techniques with 	<ul style="list-style-type: none"> Manage treatment programmes Implement treatment models, prevention 	<ul style="list-style-type: none"> Manage a range of treatment programmes for intervention cases 	<ul style="list-style-type: none"> Provide consultation on the implementation and adaptation of current and new interventions in different settings

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		<ul style="list-style-type: none"> Engage and build rapport with clients Monitor client's development during intervention process and highlight potential crises Communicate the intervention process with the client and caregivers 	<p>individuals, groups, communities, organisations, systems, or society, taking into account clinical judgment and client diversity under supervision</p> <ul style="list-style-type: none"> Foster and maintain a therapeutic alliance with other professionals, and therapeutic relationships with clients and caregivers Assist clients to overcome inhibitions and resistance and contain emotional issues that interfere with therapeutic relationship Address crises and unintended consequences during interventions Provide guidance and advice to clients and caregivers involved in the psychological interventions 	<p>strategies and promote mental health well-being</p> <ul style="list-style-type: none"> Evaluate changing clinical and social contexts, client feedback and intervention goals to adapt interventions Integrate contributions and perspectives of other professionals into interventions Integrate clinically relevant presenting variables in delivering or adapting therapeutic interventions Promote shared understandings of positive change and develop client capability to support meaningful and sustainable change Provide guidance and advice to multidisciplinary or transdisciplinary teams involved in the psychological interventions 	<ul style="list-style-type: none"> Adapt specialised interventions in different settings Evaluate effectiveness of potential new psychological interventions, using methods appropriate for the goals and purposes of the intervention Adapt professional approaches between being supportive, reassuring, directive, educational, or confrontational when managing difficult clients Provide guidance and advice to transdisciplinary teams involved in the psychological interventions 	<ul style="list-style-type: none"> Drive implementation or adaptation of new treatment models for use in different settings Evaluate evidence-based interventions involving an area or multiple areas of psychology
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