

**SKILLS FRAMEWORK FOR HEALTHCARE
TECHNICAL SKILLS AND COMPETENCIES (TSC) REFERENCE DOCUMENT**

TSC Category	Patient Care					
TSC	Therapy Discharge Planning					
TSC Description	Assess clients' readiness for discharge, and identify appropriate follow-up on the care to be provided to patients and/or clients					
TSC Proficiency Description	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
			HCE-PTC-3031-1.1	HCE-PTC-4031-1.1	HCE-PTC-5031-1.1	
			Plan clients' discharge and assess readiness for discharge for routine cases and seek guidance for complex and/or novel cases	Manage discharge planning for complex cases. Review efficacy of discharge plans developed by junior therapists. Provide guidance to junior therapists where necessary	Develop frameworks and procedures relevant to discharge planning as part of a multi-disciplinary team	
Knowledge			<ul style="list-style-type: none"> Criteria for discharge Relevant laws, standards and regulations and policies related to discharge of patients and transfer of care Referral procedures, contacts and resources for continuity of care upon discharge Nature of the various step-down care provisions and their differences Roles and responsibilities of team members in a multi-disciplinary team involved in discharge planning Self-management benefits 	<ul style="list-style-type: none"> Organisation's performance indicators for discharge 	<ul style="list-style-type: none"> Organisation policies, standards and guidelines pertaining to discharge of clients Emerging technological trends relevant to facilitating discharge or monitoring effectiveness of self-care 	
Abilities			<ul style="list-style-type: none"> Perform individual needs assessments required for discharge purposes Assess the adequacy of the services to meet post-discharge needs Formulate discharge plans with multi-disciplinary teams Prepare discharge documentations and appropriate handover Engage and educate clients and their caregivers on effective self-management 	<ul style="list-style-type: none"> Perform assessments required for complex cases Formulate discharge plans for complex cases Review reasons for client readmissions Recommend post-discharge alternatives where deviations from discharge plans occur Review discharge plans developed by junior therapists 	<ul style="list-style-type: none"> Develop guidelines and procedures in performing discharge planning Foster partnerships with external stakeholders to enhance continuity of care Streamline procedures and processes for discharge planning Drive adoption of emerging technology to expedite and facilitate discharge processes 	

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			<ul style="list-style-type: none">• Coordinate with stakeholders to enable continuity of care• Advocate for clients on suitability for discharge			
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