

**SKILLS FRAMEWORK FOR HEALTHCARE
TECHNICAL SKILLS AND COMPETENCIES (TSC) REFERENCE DOCUMENT**

TSC Category	Patient Care					
TSC	Group Therapy Planning and Implementation					
TSC Description	Plan and provide group therapy interventions					
TSC Proficiency Description	Level 1	Level 2	Level 3	Level 4	Level 5	Level 6
			HCE-PTC-3017-1.1	HCE-PTC-4017-1.1	HCE-PTC-5017-1.1	
			Provide group therapy interventions for routine cases and seek guidance for complex and/or novel cases	Plan and provide group therapy interventions for routine and complex cases independently. Adapt approach to group intervention provision while considering the inclusion of other healthcare professionals in session if required. Provide guidance to junior therapists where necessary	Plan and provide interventions in the most appropriate setting and/or right-site. Equip partners with relevant skills and knowledge to deliver services in their setting	
Knowledge			<ul style="list-style-type: none"> • Complexities and benefits of group therapy • Evidence-based group therapy intervention techniques • Resource requirements for conducting group therapy • Group facilitation techniques to engage clients in order to foster participation in group activities • Range of group therapy activities and the use of appropriate equipment in therapy • Types of interventions in a group setting • Group facilitation techniques • Group behaviour management 	<ul style="list-style-type: none"> • Best practices in group therapy implementation and planning • Current research into the efficacy of various types and uses of group therapy • Multi-disciplinary roles and responsibilities for appropriate collaboration 	<ul style="list-style-type: none"> • Needs of the ground and/or community • Healthcare resources at cluster-level and institution-level • Healthcare sector and Ministry directives • Funding sources available 	

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			<ul style="list-style-type: none"> • Selection criteria for candidates suitable for group therapy • Effect of group dynamics and processes on individuals, subgroups and groups as a whole • Limitations and safety considerations of group therapy • Code of conduct and relevant ethical or legislative guidelines governing group therapy • Demographic and medical profiles of group therapy clients and their functioning levels and/or status 			
Abilities			<ul style="list-style-type: none"> • Identify the purpose and state intended outcomes of group therapy sessions • Select appropriate clients and activities based on objectives of the group therapy • Identify and prepare resources required to conduct group therapy sessions • Provide instructions and demonstrations about the activities and/or use of equipment to the clients • Develop rules for group behaviour with all group members, including consequences for breaches in behaviour requirements • Conduct group therapy sessions based on session plan, independently, using 	<ul style="list-style-type: none"> • Provide consultation for the running of group therapy sessions • Review plans developed by junior therapists • Review group therapy outcomes and initiate modifications based on evidence • Identify common group therapy methods or modifications of common group methods • Adapt group interventions considering other professions in session • Manage ethical, legal or social issues that may arise from group therapy • Conduct post-group therapy reviews based on therapy outcomes • Review documentation of group therapy sessions 	<ul style="list-style-type: none"> • Identify right-siting and/or populations groups which can have group therapy implemented in community settings • Set up classes for populations groups in community settings • Network with relevant community partners to develop sessions plans or training plans • Identify relevant staff to conduct community group therapy • Source for funding for community group therapy sessions • Perform cost-planning for group therapy 	

			<p>appropriate facilitation and communication strategies</p> <ul style="list-style-type: none"> • Identify and manage group membership roles that develop in the process of group therapy • Set ground rules for group behaviour and manage group dynamics during the session • Adjust facilitation and communication strategies based on the groups' needs, responses and targeted outcomes • Ensure safety of the group throughout the therapy sessions • Use evidence-based practice principles to modify and monitor group therapy sessions • Provide follow-up on progress for clients and help them understand the importance of completing the group therapy interventions • Monitor group therapy outcomes and suggest ways to improve delivery • Develop group activity plans for therapy support to execute for specified client groups 			
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