

**SKILLS FRAMEWORK FOR HEALTHCARE  
TECHNICAL SKILLS AND COMPETENCIES (TSC) REFERENCE DOCUMENT**

<b>TSC Category</b>	Patient Care					
<b>TSC</b>	Goal Setting in Rehabilitation Therapy					
<b>TSC Description</b>	Set appropriate treatment goals					
<b>TSC Proficiency Description</b>	<b>Level 1</b>	<b>Level 2</b>	<b>Level 3</b>	<b>Level 4</b>	<b>Level 5</b>	<b>Level 6</b>
			<b>HCE-PTC-3016-1.1</b>	<b>HCE-PTC-4016-1.1</b>		
			Collaborate with client to develop and refine intervention goals in accordance to specific, measurable, attainable, realistic, and timely (SMART) principles for routine cases and seek guidance for complex and/or novel cases.	Guide therapists in developing therapy goals for complex cases.		
<b>Knowledge</b>			<ul style="list-style-type: none"> <li>• World Health Organisation's International Classification of Functioning, Disability and Health Framework (WHO ICF framework)</li> <li>• Principles of specific, measurable, attainable, realistic, and timely (SMART) goals</li> <li>• Relevant outcome measures which can be used to track the effect of interventions</li> <li>• Effective communication techniques</li> <li>• Clients' differing ability to learn, prognosis, time allocation for intervention and ability to follow through new routines or techniques</li> <li>• Factors that can influence clients' motivation in achieving intervention goals</li> </ul>	<ul style="list-style-type: none"> <li>• Evidence-based research in goal setting and monitoring</li> <li>• Clinical knowledge in specialty areas</li> <li>• Prognostication of disease progression, responses to therapy and therapy outcomes</li> <li>• Contribution of patient factors to optimising therapy outcomes</li> </ul>		

**SKILLS FRAMEWORK FOR HEALTHCARE  
TECHNICAL SKILLS AND COMPETENCIES (TSC) REFERENCE DOCUMENT**

			<ul style="list-style-type: none"> <li>• Impact of patient and caregiver participation</li> <li>• Discharge planning procedures</li> <li>• Roles and goals of other disciplines working on a common case</li> </ul>			
<b>Abilities</b>			<ul style="list-style-type: none"> <li>• Set and review specific, measurable, attainable, realistic, and timely (SMART) short-term and long-term goals which are client-centred in collaboration with clients and/or caregivers for routine cases and seek guidance for complex cases</li> <li>• Develop problem lists and contributing factors to clients' problems</li> <li>• Assess factors that may have an impact on client goals</li> <li>• Select appropriate measures that reflect achievement of goals set by clients</li> <li>• Monitor clients' achievements of goals</li> <li>• Incorporate discharge planning considerations during goal setting</li> <li>• Engage clients and/or caregivers for goal setting for rehabilitation needs</li> <li>• Consider and integrate clients' preferences, available evidence, clinical expertise and available resources in client management in goal setting</li> </ul>	<ul style="list-style-type: none"> <li>• Guide therapists on how to identify factors which may have impact on clients' goals</li> <li>• Review goals set by therapists</li> <li>• Update goal setting and monitoring practices based on evidence-based practices</li> <li>• Introduce new practices and approaches in goal setting</li> <li>• Prognosticate the responses to therapy and therapy outcomes</li> </ul>		

SKILLS FRAMEWORK FOR HEALTHCARE  
TECHNICAL SKILLS AND COMPETENCIES (TSC) REFERENCE DOCUMENT

			<ul style="list-style-type: none"><li>• Identify improvements in complex cases under guidance</li><li>• Consider goals of other disciplines and align towards a common outcome as agreed by the team</li></ul>			
--	--	--	--	--	--	--